



Is It Time for Hospice?



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Many people have questions about when to consider hospice care. Often this results in delaying the many benefits it offers. How do you know when it's time? If you're wondering this for yourself or a loved one, answering these questions honestly can serve as a starting point.

If you or your loved one have been diagnosed with an advanced stage illness and have ...

<input type="checkbox"/> YES	<input type="checkbox"/> NO	Been hospitalized or gone to the emergency room several times in the past six months?
<input type="checkbox"/> YES	<input type="checkbox"/> NO	Been contacting your physician more frequently?
<input type="checkbox"/> YES	<input type="checkbox"/> NO	Experienced frequent medication changes to try to relieve pain and symptoms?
<input type="checkbox"/> YES	<input type="checkbox"/> NO	Begun spending most of the day in a chair or bed and have shortness of breath, even while resting?
<input type="checkbox"/> YES	<input type="checkbox"/> NO	Fallen several times over the past six months?
<input type="checkbox"/> YES	<input type="checkbox"/> NO	Started needing help from others with two or more of the following: <ul style="list-style-type: none"> • Getting in/out of bed • Bathing • Eating • Dressing • Walking • Communicating
<input type="checkbox"/> YES	<input type="checkbox"/> NO	Experienced noticeable weight loss and weakness or fatigue?
<input type="checkbox"/> YES	<input type="checkbox"/> NO	Experienced recurring infections?
<input type="checkbox"/> YES	<input type="checkbox"/> NO	Begun having loss of bowel or bladder functions?
<input type="checkbox"/> YES	<input type="checkbox"/> NO	Been diagnosed with a terminal illness or told by a physician that life expectancy is limited?

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If you answered "yes" to four or more of these ...

It may be time for a hospice evaluation. Please contact a physician or your local Heart to Heart Hospice location. For information about our care and services, as well as, a list of our locations, visit our website: htooh.com